

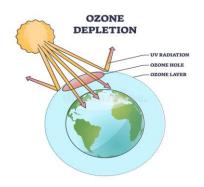
Protecting Construction Workers: AI-Powered Solutions for Climate-Induced Health Risks











Dr N.B.P.Balalla

MBBS(SL),M.Med(Occup.Med.)(S'pore),
Cert. Av.Med(Aus.),Grad IOSH(UK),SIIRSM
Occupational Medicine/ Health Specialist
Kare Health Brunei



Climate Induced Occupational Health and Safety Risks Impacts:

- > 70% of global workforce is exposed to climate change health related hazards
- Lost productivity, business disruptions and damaged infrastructure
- Outdoor workers in physically demanding sectors such as construction and agricultural workers are at high risk





High Risk Groups



Excessive Heat



- Excess heat is an emerging Occupational Health and Safety hazard in the working workplace
- Since 1880 average global temperature has increased about 1C
- Projected to warm by about 1.5°C in 2050 and 2-4°C in 2100
- Heat stress reduce total working hours by 2.2% and global GDP by US\$2,400 billion in 2030
- Agricultural and <u>construction workers</u> are expected to be worst affected
- Exposure to excessive heat, resulting in 22.85 million injuries and 18,970 deaths annually (ILO July 2024)

Be Aware!

Daily maximum temperatures may reach 34.0°C or more

The impacts of El-Nino to Brunei includes suppressed rainfall activity with increasing air temperature and low relative humidity. Dry and hot weather conditions are expected to occur in the coming months with possible increase in daily maximum temperatures reaching 34.0°C or more in the afternoon, the Brunei Darussalam Meteorological Department (BDMB) stated in a release yesterday.

In view of the likelihood of El-Nino occurring, the BDMB advised the public to take precaution and safety measures as well as follow guidelines from the Ministry of Health with regards to the hot weather condition.

Continue to Page 2



Brunei will experience excessive hot weather in the upcoming months.

PHOTO: KHAYR ZAKARIYYA

Productivity Loss

Figure 2.4 Equivalent full-time jobs and GDP lost to heat stress, global and by country income group, 1995 and projections for 2030

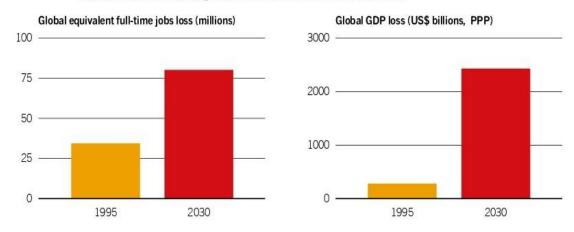
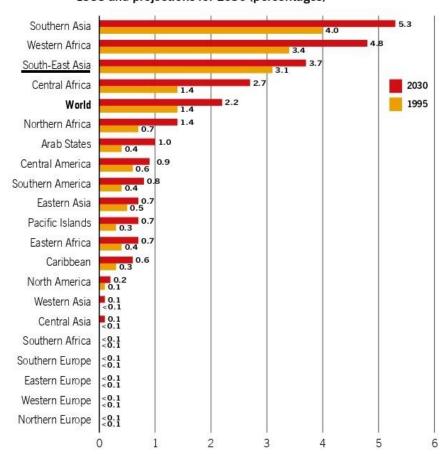




Figure 2.5 Working hours lost to heat stress by subregion, 1995 and projections for 2030 (percentages)



Source: ILO estimates based on data from the ILOSTAT database and from the HadGEM2 and GFDL-ESM2M climate models (using as input the RCP2.6 climate change pathway, which envisages a global average temperature rise of 1.5°C by the end of the century).

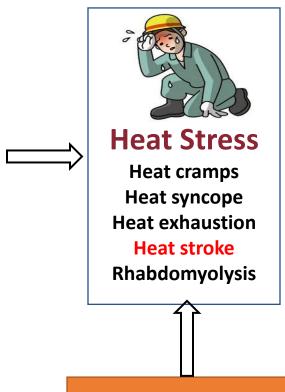


1. Excessive Heat —Heat Related Diseases



Personal Risk factors

- ≜ Body heat generation due to exertion
- Obesity
- High blood pressure
- Diabetes
- Heart Diseases
- Resp. diseases
- Medication
- Acclimatization



Environmental Risk factors

- Air temperature
- Mumidity
- Air movement
- Radiant heat (sun,hot surfaces)



Job Risk factors

- Workload severity and duration
- Clothing





Other health and safety effects of excessive heat



Cardiovascular Diseases



Acute /Chronic Kidney Diseases



Mental Disorders

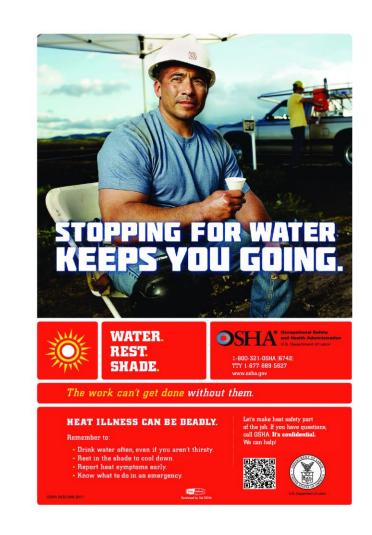


Accidental Injuries



Protection and Control of Heat Related Disorders

- Risk assessment
- Fitness to work assessment(identification of personal risk factors)
- Heat acclimatization(improvement in heat tolerance)
- Work scheduling (early morning and late afternoon)
- Shaded rest areas
- Adequate water intake
- Worker awareness
- Worker clothing (breathable loose fitting and light coloured clothing)
- Heat stress prevention programme
- Al Technology





2. Solar UV Radiation

- High Risk jobs: Outdoor workers eg construction workers
- > 18,960 deaths due to work-related skin cancer due to solar radiation

Health Effects



Sunburn



Eye damage- pterygium, cataracts



Skin Cancer



Weakened immunity

Protection and Control

- Risk assessment
- Avoid sun exposure 10am -4pm
- Rescheduling work activities
- Early identification Health surveillance
- Education

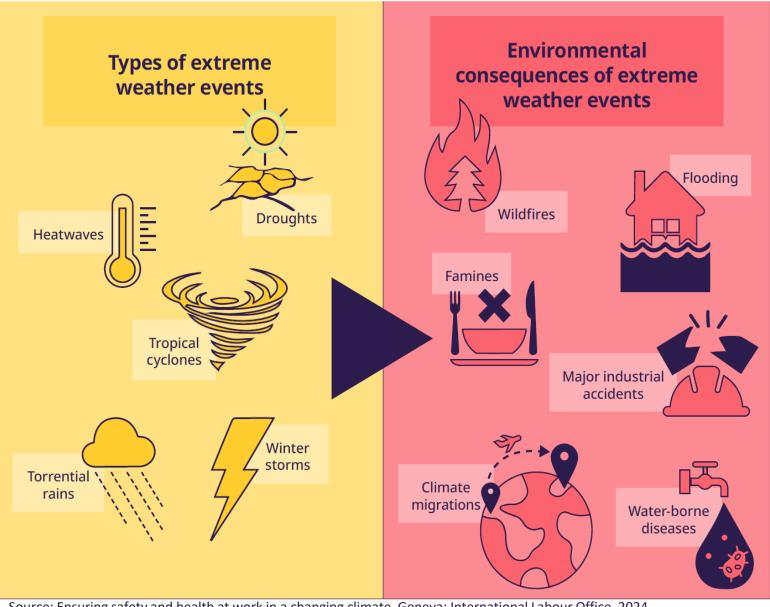
- (Sun cream application)
- Wear wide brimmed hats
- Tightly woven loose fitting cloths
- (Sun glasses)
- Al Technology







3. Extreme Weather Events



Health & Safety Impacts

- Traumatic injuries
- Burns
- Respiratory diseases
- Biological Infections –diarrhoea
- Chemical toxicity
- Fatigue
- Stress
- Anxiety
- Post Traumatic Stress Disorders (PTSD)

Protection and Control

- Risk Assessment/Emergency Response Plan and Preparedness Programme
- Pre deployment, deployment and post deployment health screening and surveillance
- Vaccination-HepA &B,Typhoid, Tetanus
- PPE
- Education
- Counselling ,etc.
 - AI Technology

Source: Ensuring safety and health at work in a changing climate, Geneva: International Labour Office, 2024



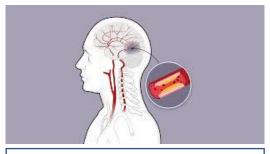
4. Workplace Air Pollution

- 860,000 deaths annually due to air pollution
- Main pollutants –PM2.5,PM10,NO,NO2,SO2,Ozone
- High risk jobs –outdoor workers eg construction workers

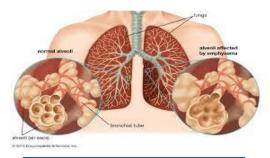
Health Impacts



Lung cancer-PM2.5



Stroke -PM2.5



Asthma, bronchitis-NO,NO2,SO2,PM2.5,10



Cardiovascular diseases-PM2.5,NO,NO2

Protection and Control

- Risk assessment
- Health surveillance
- Appropriate Respiratory protective devises
- Education
- Smoking cessation
- Al Technology



5. Vector-borne Diseases

- > 15,000 deaths due to work-related vector borne diseases
- Vectors –mosquitoes ,ticks etc.

Health Impacts



Ades



Culex



Anopheles

Protection and Control

- Risk assessment
- Eliminate mosquito breeding places Avoid water stagnation in workplaces and worker living quarters
- Wear long sleeved shirts and pants at work
- Mosquito nets, mosquito repellents
- Vaccination –eg Japanese encephalitis



Al-Powered Solutions for OHS Risks in Construction

Al Application	Details	Pictures
Computer Vision for Hazards Detection	Identify safety hazards in real-time Use AI algorithm to analyze images, videos (CCTV) form construction site. Detect unsafe working condition, noncompliance of safety protocols	
Predictive Analytics	Al analyze historical data to predict potential risks and to enable proactive intervention	1,500 to 1,5
Wearable Technologies	Al provides real-time alerts for potential health and safety risks, so immediate action can be takes	
Autonomous Equipment	Al driven bulldozers and excavators operate without human intervention, so that minimize safety risks	BUILT
Proximity Warning Systems	RF identification technology and AI, detects proximity to moving vehicles or machinery, issue warnings to prevent accidents	Proximity Detection System ((i)



Wearable Technology

- Expected to reduce 16% of hospital costs by2027
- By 2037 it could save US\$200 billion via remote patient monitoring
- Evolution of wearable technology support health sector as well as workplace health and safety, protecting workers from incidents before it happen.
- Wearable heat stress monitors prevent serious heat-related illnesses and incidents by alerting both the worker and supervisor when preset thresholds are exceeded.







Al Powered Solution - Heat Stress Wearables









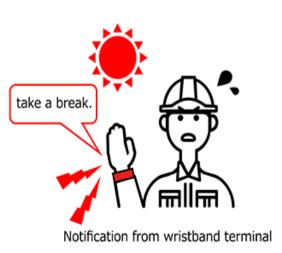


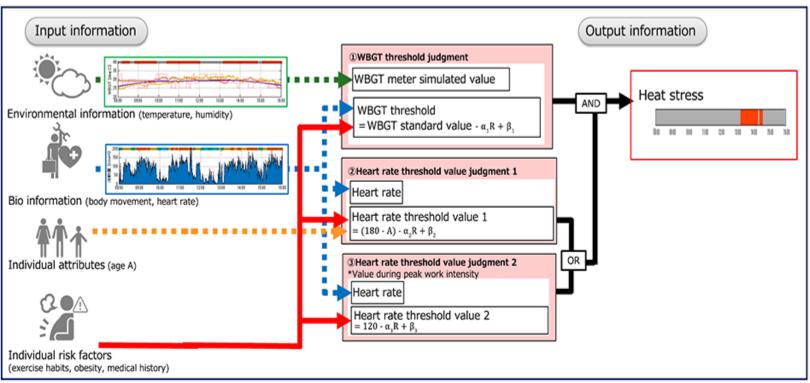


Smart PPE



How do the Wearables work?









Heat Stress Wearables –Out Put Information



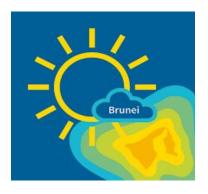






Al Technology -Forecasting unusual weather patterns

• Weather forecast - Mobile App Brunei Meteorological Dept.



Brunei WX





Protection from UV Radiation Exposure

SunSmart Global UV App





























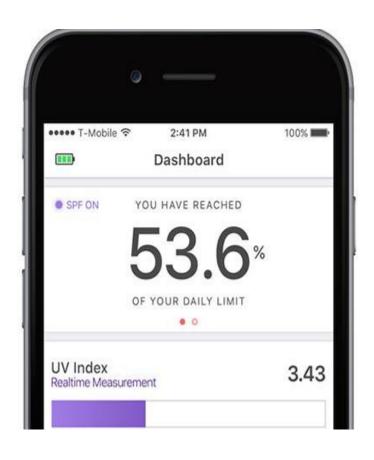
Protection from UV Radiation

Measuring UV Radiation Exposure



UV Index

Exposure Category	UV Range
Low	< 2
Moderate	3 to 5
High	6 to 7
Very High	8 to 10
Extreme	11 +





Al Powered Solution – Air Pollution

• Common Pollutants - particulate matter (PM), nitrogen oxides (NOx), ozone (O3), sulfur dioxide (SO2), carbon monoxide (CO), and volatile organic compounds (VOCs)etc.



Stationary monitoring



Mobile air quality monitoring



Benefits and Drawbacks of Al in OHS



Benefits

- Workers' health monitoring through wearable devices and sensors
- Hazard identification and real time risk assessment
- Al integrated PPE (Smart PPE)
- Able to identify near misses and unsafe conditions(many go unreported and not investigated)



Drawbacks

- Al related ethical issue at the workplace
- Data privacy issues
- Impacts of workers' mental health



Take Home Message:

- Billions of workers are currently exposed to climate change hazards.
- Increasing awareness among the administrators, health and OSH professionals, employers, employees, students and general public is vital.
- Al powered instruments have a major potential in protecting construction workers from climate change induced health and safety risks.

Thank You!